

## **Jesus Shrestha | CV**

Visual Artist

Nepali based in Helsinki

Professional Artist member at Taidemaalariitto | Finnish Painters Union,

<http://www.jesuskooart.com>

IG : [jesus\\_shrestha\\_art](#)

[linktr.ee/shresthajesus](#)

Jesus Shrestha (b. Kathmandu, 1991) is a Helsinki based visual artist, storyteller and designer. He is interested in understanding natural and human systems that force change, as well as ways in which humanity adapts itself. He presents these templates of change through a visual imaginative universe that connects the cultural heritage of both Nepal and Finland, formed through his childhood stories, and incorporating elements and philosophies of contemporary pop culture. As he explores how cultures intertwine with that of others, he is curious how a unique essence can be maintained, celebrated, and shared - while also integrating the benefits found within the surroundings of new environments.

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### **EDUCATION**

2019 MA (Masters Fine Art), Visual Culture & Contemporary Art, Aalto University, Helsinki, FI

2014 BASoc (Bachelors Social Science), Diaconia University of Applied Sciences, Helsinki, FI

2010 BFA (Bachelors Fine Art), Lalitkala Fine Art Campus, Kathmandu, NP

2009 BASoc (Bachelors Sociology) in Xavier International College, Kathmandu, NP

### **SOLO EXHIBITION**

2023/05 "Promised Land" Asbestos art space, Helsinki, FI

2022/10 Earlier Works' Muesuem of Nepali Art. Thamel, Kathmandu, NP

2022/08 'TALES' Kajava Gallery, Helsinki, FI

2022/01 'Cultural Diaspora' Kaapelitehdas, Helsinki, FI

2018 'Spiritual Spirits - II', Bar9, Helsinki, FI

2016 'Spiritual Spirits - I', Aalto Cafe, Helsinki, FI

2013 'Modern Culture Art', Kerava Library, Kerava, FI

2012 'Modern Culture Art', Jarvenpaa Library, Kerava, FI

2012 'Future World', Nepal Art Council Gallery, Naxal, Kathmandu, NP

2012 'Traditional Paintings', Park Art Gallery, Lalitpw-, NP

### **GROUP EXHIBITION**

2024 'The Open Art Platform Art Exhibition, The Museum of Technology, Helsinki, FI

2018 Art House Disclosure', Aalto University, Espoo, FI

2017 'Partizaning Maunula', Maunulatalo, Maunula, Helsinki, FI

2017 'Dipoli Living Room', Espoo, FI

2016 'Whose History is it Anyway?\*', Aalto University, Espoo, FI

2015 'Immersion', Otaniemi Free Space, Espoo, FI

2015 'Smiley', Kauttua, FI

2011 'Towards Culture', Park Gallery, Lalitpur, NP

2011 'Modem and Contemporary Paintings', SiddharthaArt Gallery, Kathmandu, NP

2009 'Twisted Too', Hotel Annapurna Gallery and Restaurant, Kathmandu, NP

2009 'GO Green Don't Think', Park Gallery, Lalitpur, NP

2009 'Colourful Kathmandu', Nepal Art Council Gallery, Kathmandu, NP

2008 'Bhok ko lagi', Kathmandu University, Kathmandu, NP

2008 'First year Exhibition', Lalitkala Fine Art Campus, Kathmandu, NP

2008 'Gari khana dau', Big foot studios, Thamel, Kathmandu, NP

2007 'Cultural Art Exhibition', Katase Art Center, Kanagawa, Japan.

2007 'Under 40 shows', Lalitkala Group Exhibition, Siddhartha Art Gallery, Kathmandu, NP

2007 'XI Lalitkala Group Art Exhibition', Nepal Academy of Fine Art, Naxal, Kathmandu, NP

## **Teaching and Other Work Experiences**

2014	Organiser: Summer Art Club, Debora Oy, Pasila, Helsinki, FI
2014	2D animator: 'Sininen Hetki' project, Helsinki, FI
2013	Art Teacher: YMCA, Kannelmaki, Helsinki, FI
2013	Programme exhibitor: AFAES Multi-Cultural Programme, Helsinki, FI
2013	Assistant teacher: Newari Handicraft Factory, FI
2012	Artist and exhibition manager: Colour Kathmandu, NP
2011	Multi-Cultural Programme Organizer: INGO, Nice Hearts, Tikkurila, FI
2011	Art Club Organizer: KJubitalo, Jarvenpaa, FI
2009	Art Teacher: Kanagawa municipality art activities, Kanagawa, Japan
2008 - 2011	Illustrator: Nepal Education Ministry, Bhaktapur, NP
2008	Programme Organizer: Nepal Art Council, Kathmandu, NP
2007 - 2010	Fine Art Teacher: Edmund English School, Kathmandu, NP

## **AWARDS**

2010	Nepal Fine Art Academy Prize, paintings, First Prize, NAFA Kathmandu, NP
2007	Katase Art Fair prize in Painting, Best Picture, KAJF Kanagawa, Japan.
2006	SOS District Painting Competition, First Prize. Banepa, NP

## **GRANTS**

2022	Taika , Arts promotion centre Finland, Working Grant
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