BENJAMIN MURPHY

ARTIST, CURATOR, LECTURER, WRITER

PROFILE

Benjamin Murphy is a visual artist and writer based in Helsinki.

Born in West Yorkshire, Benjamin now exhibits globally. He holds one Bachelors degree and two Masters degrees, specialising in Contemporary Fine Art.

His current work explores themes of polarity, time, memory, and contrast - often rendered in charcoal on raw canvas.

He is the co-founder and co-director of Delphian Gallery, and is an associate lecturer at the University of the Arts London.

EXPERIENCE

ARTIST - 2012 - PRESENT

Artworks created and exhibited in galleries and at art fairs worldwide (full list below)

DELPHIAN GALLERY - CO-DIRECTOR - 2015 - PRESENT

Exhibitions curated worldwide (full list below)

UNIVERSITY OF THE ARTS LONDON - ASSOCIATE LECTURER - 2018 - PRESENT

Weekly teaching on a Masters Degree at UAL. I was involved in all aspects of the course, from delivering lectures and tutorials, writing and presenting the curriculum, reviewing applications for the course, contributing to revalidation of the course, the course handbook, briefs, and reading lists.

(Other teaching experience listed below)

I am also a full fellow of the Higher Education Authority.

AUTHOR - 2013 - PRESENT

Author of Navigating The Art World - Professional Practice for the Early Career Artist

The Artist's Roadmap (working title) - to be published with Thames & Hudson early 2026

EDUCATION

Masters Degree (with Merit)

UNIVERSITY OF THE ARTS LONDON - ACADEMIC PRACTICE IN ART, DESIGN AND COMMUNICATION 2021 - 2023

Masters Degree (with Merit)

THE UNIVERSITY OF SALFORD - CONTEMPORARY FINE ART 2009 - 2011

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Bachelors Degree (with Honours)

THE UNIVERSITY OF SALFORD - GRAPHIC DESIGN 2006 - 2009

SELECTED EXHIBITIONS

SELECTED	SOLO
SHOWS	

As Yet Untitled - Surr Gallery Los Angeles, USA 2025

Inevitable Decline -The Betancourt Gallery Miami, USA 2024

Eanair - Lokal Gallery Helsinki 2024

Iconoclasm - Union Gallery London 2023

DISASTERPIECE -Lychee One Gallery London 2022

Petrol/Station/Flowers
- Lychee One Gallery
London 2021

Gilded Chaos - Beers Contemporary (London) 2016

RESIDENCIES

CCA Residency Andratx Mallorca -2025

Bed-Stuy Residency -Brooklyn New York -2024

Clovermill Residency (With Matt Macken) -Holland - 2022

Deaths and Entrances (solo show) - Mirada Gallery Ravenna, Italy -2015

Nothing Is More Real Than Nothing (solo show) -Pescara, Italy -2014

LuxUrban -Luxembourg 2013

TWO PERSON SHOWS

Aphelion (With Nicholas Norris) -Galerie PJ Metz France 2024

Verso (With Lars Hempler) - Lene Bilgrav Aarhus Denmark 2023

Ataraxia (With Rhiannon Salisbury) -Hew Hood Gallery London 2022

Faded Glory (With Nick JS Thompson) -Book&Job Gallery San Fransisco 2019

Everything Must Go (With Hayden Kays) -London 2015

SELECTED GROUP SHOWS

Florist - Lokal Gallery Helsinki Finland 2024

Flower Power - Runo Hotel Porvoo Finland2024

Fragments of Spectrum - Youn Contemporary Toronto Canada 2024

Floral Arrangements -Auxier Kline New York USA 2024

As Yet Untitled -Hexum Gallery Vermont USA 2024

Mustavalkoinen -Gallery Toinen Silma Helsinki Finland 2024

Art Herning art fair (with Lene Bilgrav)

Herning Denmark 2024

Art Busan Art Fair (With Jari Lager Gallery) - Busan Korea 2023

Art Toronto Art Fair (With Duran Mashaal Gallery) - Toronto Canada 2023

20 Year Anniversary -Union Gallery -London, UK 2023

B&W - Duran Mashaal Gallery, Montreal, Canada 2023

London Art Fair (With Union Gallery) -London, UK 2023

Hanging Garden - Paja & Bureau - Helsinki, Finland 2023

Out of Office -Asbestos Gallery -Helsinki, Finland 2023

Papier - Delphian Gallery - Charente, France 2023

Summer Showcase -Duran Mashaal Gallery, Montreal, Canada 2023

FunGalGroUpShow -Sade Gallery LA 2022

Weeds Won't Wither -Jari Lager Gallery Cologne Germany 2022

Art Busan Art Fair (With Jari Lager Gallery) - Busan Korea 2022

Kiaf Art Fair (With Galerie Thomas Schulte) - Seoul Korea 2022 Lust For Life - De Melkerij Veltem-Beisem Belgium 2022

Daegu Art Fair (With Jari Lager Gallery) -Daegu Korea 2022

Clovermill Residency -Holland 2022

Dandelion - Delphian Gallery Basel 2021

In Praise Of Darkness -Piermarq Sidney, Australia 2021

Whelm - Leicester Contemporary 2021

Backdoor Show - NBB Gallery Berlin, Germany 2021

Wasteland - The Factory Project London, UK 2021

Antisocial Isolation -The Saatchi Gallery London, UK 2020 (also curating) 2020-21

Brindar Con Extraños (curated by Francisco Mendes Moreira) -Trinta Arte Contemporánea, Spain 2020-21

Online Viewing Room - Pt. 2 Gallery Oakland, USA 2020

Live From The Deep End - Gobstopper Gallery Philadelphia USA 2020

Online Viewing Room - Pt.2 Gallery Oakland USA 2020

Divergent Motion -Delphian Gallery London 2019 Trinity - The Saatchi Gallery London 2018

JNY - The Saatchi Gallery London 2018

Cash Is King - The Saatchi Gallery London 2018

Hospital Rooms -Griffin Gallery London - 2018

CURATED SHOWS

The Way of All Flesh -Saatchi Gallery London 2024

As Yet Untitled -Delphian Gallery Helsinki Finland 2024

Papier - Delphian Gallery Helsinki Finland 2024

Delphian Open Call 2024 - Unit 1 Gallery London 2023

Twenty Two - Naomi Boiko Stapleton solo show - Unit 1 Gallery London 2024

Papier - Delphian Gallery Charente France 2023

Delphian Open Call 2023 - Unit 1 Gallery London 2023

Ill Met by Moonlight (Georg Wilson solo show) - Delphian Gallery/Artsy 2023 Synthesis - Saatchi Gallery London 2022

The Uncanny Valley (Conor Murgatroyd & Peter Doyle) - The Room London 2022

Delphian Open Call -Unit 1 Gallery London 2022

Delphian Residency -La Cour de Husson France 2022

In Praise Of Darkness -Piermarq Gallery Sidney 2021

Pulling Faces - (Igor Moritz debut UK solo show) - Delphian Gallery London 2021

femininity - Rhiannon Salisbury solo show -Delphian Gallery London 2021

Following Nature -Una Ursprung solo show - Delphian Gallery London 2021

Relax, The Universe is Expanding - David Shillinglaw solo show -Delphian Gallery London 2021

Fatal Shadow and Narcissus (Cathy Tabbakh & Elizabeth Power) - Delphian Gallery London 2021

Origin - Delphian Gallery London 2021 Wasteland - Delphian Gallery London 2021

The Doors Of Perception (Florence Hutchings solo show) -Delphian Gallery Paris 2020

Antisocial Isolation -The Saatchi Gallery London 2020

Delphian X Guts - The Factory London 2019

Habitual Submission -(Rhiannon Salisbury) -Delphian Gallery London 2019

Divergent Motion -Delphian Gallery London 2019

Open Call -Delphian Gallery London 2019

A Long Way from Home - (Igor Moritz & Kevin Perkins) -Delphian Gallery London 2019

Some Pieces of Mind -(Bertrand Fournier debut UK solo show) -Delphian Gallery London 2019

Open Call -Delphian Gallery London 2019

Seating Arrangement -(Florence Hutchings debut solo show) -Delphian Gallery London 2018

Diary of an Introvert -(Jordy Kerwick debut uk solo show) -Delphian Gallery London 2018

Open Call -Delphian Gallery London 2018

Lost Coast (Carson Lancaster debut UK solo show) - Delphian Gallery London 2018

Printswap theprintspace London 2017

Obscurely Prophetic -Delphian Gallery London 2017

Relics - BSMT Space London 2016

Defiance - John The Unicorn Peckham 2016

The Decline of Conscience- Hundred Years Gallery 2015

Art on a Postcard 2 -Soho Revue 2015

Art on a Postcard Moniker - Moniker Art Fair 2015

Art on a Postcard 1-Whitfield Fine Art Soho - 2014

Group Collective Are Kunsts - The Factory Whitechapel - 2013

Fuck Christmas -Hoxton Gallery - 2012

OTHER SPEAKING/TEACHING ENGAGEMENTS

Lectures - Rosso Arts Academy Shanghai, Academy of Fine Arts Helsinki, Instart Hangzhou China, Camberwell College of Arts, SKD art Beijing, University of Birmingham, The University of Bedfordshire, The Slade School of Fine Art, MaxSpace Academy Beijing, The University of Salford, The University of Brighton, Dunhuang Intangible Cultural Heritage Art Summer Camp China, The Factory/Guts Gallery, Cluster Art Fair, Copeland Gallery, theprintspace, The Churchill War Rooms, Artiq, Loop.gl Art Prize, University of Ravenna, LuxUrban Luxembourg.

Poetry reading - Bring One Get Words Free - London 2022

INVITED JUROR ENGAGEMENTS

The Loop 2015 Guest Juror

WRITING ENGAGEMENTS

The Artist's Roadmap (working title) - Book to be published with Thames & Hudson early 2026

Navigating the Art World – Professional Practice for the Early Career Artist was released through Foolscap Editions in Spring 2020

The play Flowering Desolation was released in 2018.

Poetry collection Wild With Rage released Winter 2023.

Poetry collection Perfectly Careless, Final Separation released Summer 2022.

Benjamin regularly contributes essays and articles to print and online publications, including:

FAD Magazine (Online)

This Is Tomorrow (online)

AfterNyne Magazine (print and online)

Assemblage Magazine (online)

55 Pages (print and online)

ArteFuse (online)

Young Artists in Conversation (online)