

Maryam Sajedi

Artist , Art Curator

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Education

The University of the Arts Helsinki, Finland, 2022-2024.

Master of Printmaking

The University of Tehran, Tehran, Iran, 2009-2012

Master of Fine Arts-Illustration.

The University of Tehran, Tehran, Iran, 2004-2009.

Bachelor in Fine Arts-Painting

The University of Payame Noor, Iran, 2020.

(Bachelor-level coursework completed) in Psychology

Work Experience

Founder and Artist - Mary Room, Helsinki, Finland, 2026-Present.

Founded and run Mary Room, an artist-led gallery and studio focusing on sustainable contemporary art.

Workshop master - Helsingin Paperipaja, Helsinki, Finland, 2026-Present.

Part-time work in a paper-making studio, supporting workshop activities, paper production, and studio operations.

Art Consultant and Assistant Curator (Online), Blue Rhino Art Consultancy, London, England, January 2020-2022. Throughout the year that I've worked here, I have participated in curating four online exhibitions and have worked with a total of sixty artists.

Teaching Activities

Art Instructor-Helsingin työväenopisto, Part time, Helsinki, Finland, 2026-2027.

Teaching Monotype printmaking in adult education courses.

Teaching Basic Arts, collaboration project, Espoo Art school, Uusima, Finland, Winter 2024. My role was project planning and running the art project in collaboration with a teacher at the class, Age group 6-9. **Teaching courses of Graphic Design and Painting with around 300 students. Payame-Noor University** of Tehran, Tehran, Iran.

(Bachelor's Program) Printmaking, Drawing, winter 2015-2018. Art for Children, 2015-2018. **Noghte Fine Arts Institute**, Karaj, Iran:

Drawing, Painting, winter 2013 - winter 2015. Creative illustration (children), spring 2013_winter 2014.

Volunteer Activities

Art trainer (voluntarily), (Art Therapy Research project), Cancer Institute, Tehran, Iran, 2018-2019. **Bibliographic project** member, Research Institute of Technology, Tehran, Iran, 2005.

Professional Development

"Art Therapy Course", (online course), Udemy, 2024.

Internship Trainee, Espoo Art school (Kuvis), Uusima, Finland, Fall 2023.

"Writing in English at University", (online course), Lund University, 2021.

"Writing in the sciences", (online course), Stanford University, 2020.

"Arts & Heritage Management", (online course), Bocconi University, 2020.

"Digital Skills" (online course), Kings College of London, autumn 2020.

Practical course of Handmade Ceramic, Elaheh Visual Art Institute, Iran, 2019.

Practical course of Painting under the supervision of R. Farnoud, 2014-2015.
Specialized Course of "Feminism", Charsoo-Honar Institute, Tehran, Iran, 2014.
Specialised course of "Sociology of Art", Charsoo-Honar Institute, Tehran, Iran, 2014.
Specialised course of "Postmodernism", Charsoo-Honar Institute, Iran, 2013- 2014.

Selected Exhibitions and Events

"Paperilla,Paperista",Group Exhibition by Paperipaja ry, Järvenpää Taidetalo, 2025.
"Tell my mother that she no longer has a daughter", Kuvan Kevät exhibition, white studio, 2023. "Where is Home", Solo Painting Exhibition, Aknoon Art Gallery, Iran, 2021.
"Sale3", Group Painting Exhibition, Aknoon Art Gallery, Iran, 2021.
"Portrait", Group Painting Exhibition, Khak Gallery, Karaj, Iran, 2016.
"Paris", Group Illustration Exhibition, Tehran Gallery, Iran, 2015.
"Niayesh", Biennial of Illustration, Mashhad, Iran, 2012.
"Hope", Solo Exhibition, Visual Gallery, University of Tehran, Tehran, Iran, 2012.
"Tehran", Group Illustration Exhibition, Art Deco, Paris, France, 2012.
"Bride", Group Exhibition, Illustration, Aria Gallery, Tehran, Iran, 2012.
"Freedom", Group Illustration Exhibition, Saba Art Gallery, Tehran, Iran, 2012.
"Resistance", Conceptual Art, Resistance Art Festival, Tehran, Iran, 2011. "Nature", Group Painting Exhibition, Behzad Gallery, Tehran, Iran, 2011.
"No Title", Conceptual Art, Azadegan Festival, Saba Art Gallery, Tehran, Iran, 2010.
"Me", Mixed media, The Exhibition of Manifestation of Feeling, Tehran, Iran, 2009.
"I Know", Solo Exhibition, Conceptual Art, Tehran Gallery, Tehran, Iran, 2009.
"Time", Performance Art, Tehran University, Tehran, Iran, 2008.
"Man", Performance Art, Tehran University, Tehran, Iran, 2007.
"Tradition", Performance Art, Tehran University, Tehran, 2007.

Community activities

Member of the association of Finnish Painters, Finland.
Member of the association of Finnish Printmakers, Finland.
Member of the association of Helsingin Paperipaja ry, Finland.
Member of the Iranian Scientific association of Visual Arts, Iran.

Awards

Internship Grant, The Academy of Fine Arts Helsinki, 2023.
Finland Scholarship, Helsinki, Finland, 2022.
The third prize, "Resistance", Conceptual Art, International Resistance Art Festival, Iran, 2011.
The first prize, "No Title", Conceptual Art, Azadegan Art Festival, Tehran, Iran, 2010. The first prize, "Me and my mother", Mixed media, Manifestation of Feeling, Tehran, Iran, 2009.

Skills

Hard Skills : Adobe Photoshop , Adobe Premiere , Adobe InDesign , Davinci Resolve
Soft Skills: Emotional intelligence, Coaching & Mentoring, Strong attention to details, Logical & Critical thinking, Leading & Managing team members, Ability to collaborate with different people, Empathy & Commitment, Positive attitude, A sense of humour.

Language

Persian (Native), Kurdish, English, Finnish (A2)